

# MINNETONKA ICE ARENA 2023 FIGURE SKATING SUMMER ICE

WEEK ONE:	June 12-16	WEEK FIVE:	July 10-14	WEEK NINE:	August 7-11
WEEK TWO:	June 19-23	WEEK SIX:	July 17-21	WEEK TEN:	August 14-18
WEEK THREE:	June 26-30	WEEK SEVEN:	July 24-28	WEEK ELEVEN:	August 21-25
WEEK FOUR:	July 3,5,6,7*	WEEK EIGHT:	July 31- Aug 4	WEEK TWELVE:	August 28-31*

\*USFS Testing on Wednesday, June 28<sup>th</sup> and Thursday, August 10<sup>th</sup>

\*No ice Tuesday, July 4<sup>th</sup> or September 1<sup>st</sup> due to the holidays.

WEEKS 1 - 12 ON ICE SESSIONS				
Weekly Ice Schedule				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Open FS (\$15) 7:00-8:00AM	Open FS (\$15) 7:00-8:00AM	Open FS (\$15) 7:00-8:00AM	Open FS (\$15) 7:00-8:00AM	Open FS (\$15) 7:00-8:00AM
Open FS (\$15) 8:00-9:00AM	Open FS (\$15) 8:00-9:00AM	Open FS (\$15) 8:00-9:00AM	Open FS (\$15) 8:00-9:00AM	Open FS (\$15) 8:00-9:00AM
RESURFACE				
High FS (\$15) 9:15-10:15AM	High FS (\$15) 9:15-10:15AM	High FS (\$15) 9:15-10:15AM	High FS (\$15) 9:15-10:15AM	High FS(\$15) 9:15-10:15AM
Open FS (\$15) 10:15-11:15AM	Open FS (\$15) 10:15-11:15AM	Open FS (\$15) 10:15-11:15AM	Open FS (\$15) 10:15-11:15AM	Open FS (\$15) 10:15-11:15AM
RESURFACE				
Open FS (\$15) 11:30AM-12:30PM	Open FS (\$15) 11:30AM-12:30PM	Open FS (\$15) 11:30AM-12:30PM	Open FS (\$15) 11:30AM-12:30PM	
		F.A.S.T. (new class) 12:30-1:40PM		

SESSION REQUIREMENTS:	
<b>HIGH FREESTYLE (FS):</b>	<b>\$15.00 per session</b>
Passed Juvenile FREESTYLE and/or Free Skate 6	
**No Moves or Dance may be done on High Freestyles**	
<b>OPEN FREESTYLE (FS):</b>	<b>\$15.00 per session</b>
Any level	
<b>F.A.S.T. – Focus, Agility, Strength, Technique</b>	<b>\$20.00 per class</b>
*Passed Free Skate 4*	
This new class will include 30 minutes on-ice and 30 minutes off-ice time with a 10 minute break in between. Each week will cover a different topic with a different coach. Topics will focus on strength training, edge quality, power, presentation, flexibility, technique and even a class using the electric spinner!	
Skaters must bring tennis shoes. No class June 28 <sup>th</sup> or August 30 <sup>th</sup> .	

If a skater did not turn in a Summer contract and would like to buy-on to a session, they must use a punch card or pay the \$15 fee before getting on the ice. It is highly recommended to call the arena office at 952-939-8310 beforehand as sessions are limited and buy-on space is not guaranteed.